

Attachment to the Announcement

Subject: Requirements for students to participate in students' extracurricular activities

B.E.2562 (2019)

The structure of extracurricular activities for Mahidol University's graduates to be Global Citizen and Global Talents

Extracurricular activities that students participate throughout the study programme (1st year – last year of study) must consist of at least 100 participation hours. The details regarding the activities are as follows:

1. **Compulsory activities** refer to extracurricular activities that every student is required to participate. Regarding this type of activities, students must participate in at least two activities for at least 6 participation hours.

1.1 **Orientation ceremony provided by the university or a faculty:** at least one activity for at least three participation hours.

1.2 **Teacher Appreciation ceremony provided by the university or a faculty:** at least one activity for at least three participation hours.

2. **Elective activities** refer to extracurricular activities provided for students. Regarding activities in this category, students can choose to participate in the activities provided by the university for at least 94 participation hours. The extracurricular activities in this category can be divided into:

2.1 **Volunteer activities** for at least 10 participation hours.

2.2 **Activities according to the Mahidol HIDEF principles.** Students must participate in the activities, totaling at least three out of five categories. In each category, students must have at least 10 participation hours.

The extracurricular activities according to the Mahidol HIDEF principles can be explained as follows:

2.2.1 **Health literacy: Demonstrating understanding and practicing a healthy lifestyle**

Developing students' fundamental understanding of health conditions which can be applied to their lives to improve their well-being and practice a healthy lifestyle suitable for their lives; understanding the methods to prevent, resolve and support their health conditions; staying clear of risk conditions of any diseases affecting both physical and mental health conditions; always monitoring their personal health conditions and supporting the wellness of their family and community.

2.2.2 Internationalization

Developing students' skills and quality in response to the needs of the country or particular local areas; being knowledgeable and able to live in this interconnected world regarding the relationship of people, cultures, organizations and globalization; focusing on fostering students to become global citizen and global talent who are aware of their duties and responsibilities as members of the world and contribute to a strong and peaceful society.

2.2.3 Digital literacy: skills regarding understanding and using digital technology

Developing students' skills to maximize the benefits of the existing tools, equipment and digital technology, such as computers, telephones, tablets, computer programmes and social media for communication, work and cooperation or for modernizing working procedure and system to become more effective. The development must cover these four dimensions, namely the effective use, understanding, creation and access of digital technology.

2.2.4 Environmental literacy: understanding and being well-informed about environment

Fostering students to have an awareness in preserving natural resources and environment to be in good condition suitable for the existence of community and society; having fundamental knowledge and understanding about environment, conditions and circumstances that affect the environment as well as impacts of the existence of society on global nature; being able to examine and analyze environmental issues and identify potential preventions and solutions; providing appropriate and effective environmental preservation strategies; and taking part in environmental issues both from personal standpoint and as a member of the society.

2.2.5 Financial literacy: understanding and being well-informed about finance, economy and business

Developing students' knowledge and understanding financial products to be able to effectively plan and manage their expenses, savings and debts. This is an important financial immunity that will enhance the well-being of their own and their family; consciously handling challenges, such as having a debt management plan that is suitable for themselves and making wise and effective decisions in response to different financial contexts to improve the financial well-being of themselves and society; and being able to effectively take part in businesses in economic systems which will contribute to people's sustainable well-being and the nation's economic stability in the future.

2.3 Activities to enhance other 21st century skills

2.3.1 Critical thinking & problem solving

Students demonstrate critical thinking and effective reasoning: analyzing, critical thinking and assessing information and concepts from different perspectives.

- Identifying and classifying problems, gathering information, analyzing the problems, synthesizing information for reasonable conclusion
- Employing different reasoning methods (induction, deduction and so on) depending on situations
- Being able to identify critical questions to clarify different perspectives and bring about the best solution for the problem
- Being able to identify global changes

2.3.2 Creativity & innovation

Students demonstrate creativity and apply different strategies to create new ideas that can lead to the creation of an innovation.

- Using the technique of divergent thinking
- Creating new and worthy ideas (either inside or outside the box)
- When coming up a concept, they can explain, sharpen, analyze and evaluate it to be able to develop and achieve the best result.
- Clearly and effectively using creativity in creating innovations in their field of study

2.3.3 Communication & collaboration

Students demonstrate excellent communication skills both verbally and nonverbally and cooperate with others when working in team.

- Having an ability to listen, write and speak correctly either in their own or other languages.
- Demonstrating basic communication skills in English
- Being able to clearly express their opinions and effectively convey different concepts either written, orally or other communication methods in various patterns and contexts.
- Being able to communicate in different levels according to the objectives, such as pattern communication, command, persuasion and being convinced
- Being able to communicate effectively in different environments and language conditions

- Demonstrating working ability and respect differences among people in the team
- Using flexibility and willingness to help others to create compromises when necessary to achieve their goals
- Allowing collective responsibility when working with others and paying attention to the work of every member

2.3.4 Leadership and management skills

Students can give advices and lead others, demonstrate ethics for leadership, create cordial relationship among people in the team, respect the differences and so on.

- Distributing responsibility evenly among team members and set the goals according to the job priority of team members; being able to express yourself and listen to others; understanding the nature of discussion and controlling it.
- Sharing the role of leader and support others; demonstrating the ability to negotiate and compromise different ideas; and managing conflicts.
- Demonstrating morals and ethics in exercising power
- Being able to develop and supervise plans and projects; clearly initiating projects and set goals; search and evaluate the existing resources and those in need (for example money and time); prioritize different goals; effectively manage the resources in order to achieve the goals; learning from the past and predicting potential results for the future; supervising the whole process and adjusting when appropriate to ensure the continuity of the project

2.3.5 Social skill

Students can communicate with others effectively and work effectively in different team.

- Understand appropriate timing for listening and speaking
- Demonstrating manners in respectable and professional manners
- Showing respect differences in cultures and being able to work effectively among people from different background and cultures
- Responding to differences in opinions with an open mind.