

### The structure of extracurricular activities

Extracurricular activities that students participate throughout the study programme (1<sup>st</sup> year – last year of study) must consist of at least 16 activities for at least 100 participation hours. The extracurricular activities are divided into 2 categories as follows:

1. **Compulsory activities** refer to extracurricular activities that every student is required to participate. Regarding activities in this category, students must participate in at least two activities for at least six participation hours.

1.1 **Orientation ceremony provided by the university or a faculty:** at least one activity for at least three hours of participation.

1.2 **Teacher Appreciation ceremony provided by the university or a faculty:** at least one activity for at least three hours of participation.

2. **Elective activities** refer to extracurricular activities that are provided for students. Regarding activities in this category, students can choose to participate in at least 14 activities, listed by the university, for at least 94 participation hours. The extracurricular activities in this category can be divided into:

2.1 **Activities provided by the university or a faculty** refer to extracurricular activities that the university or a faculty provided for students to participate according to their preference. Students must participate in at least seven activities, for at least 47 participation hours.

2.2 **Activities provided by student organizations under the governance of the university or a faculty** refer to extracurricular activities that student organizations under the governance of the university or a faculty provided for students to participate according to their preference. Students must participate in at least seven activities, for at least 47 participation hours.

The two categories of extracurricular activities are provided with the aim to foster the principles of the seven Mahidol Core Value into the students for at least one participation hour for each value.

#### 1) M: Mastery

- Self-directed: students must be able to control themselves, discipline their own lives and control their minds and emotions to be always righteous without being force.
- Personal learning: students must be always eager to learn and seek new knowledge to improve themselves to become thoroughly knowledgeable and can apply their knowledge in their work and study.

- Agility: students must always remain enthusiastic and vigorous about knowledge and changes; be able to analyze and demonstrate intelligent new ideas.
- System perspective: students must always think, speak, and act systematically based on transparent, reasonable and explainable procedure.

**2) A: Altruism**

- Organization first: students must care, cherish, and preserve Mahidol's reputation. In times of decision making, students must adhere to benefits for others and organization prior to those of their own. They must be willing to give up their time and happiness for the benefits of others.
- Customer Focus Driven: students must understand and be aware of the needs of "customers" and seek to respond to their needs without delay for their satisfaction. Students must sincerely create good impression with excellent services and products.
- Societal responsibility: students must be conscious and take part in protecting the benefits of others and society as if those were their own benefits.

**3) H: Harmony**

- Valuing workforce member: students must demonstrate their respect towards their peers and colleagues by listening to their opinions, allowing them to communicate with others, creating cordial relationship with one another, and avoiding prejudice towards their colleagues as well as having respect them for their pride and dignity.
- Empathy: students must care for others' feelings and well-being by sincerely celebrating their success, supporting them when they need, praising them, and giving them advices when appropriate.
- Unity: students must be generous and willing to voluntarily cooperate in helping others. Be flexible and compromising and believing in their teamwork to achieve their goals.
- Synergy: students must share their power, harmonize their differences (in terms of genders, ages and knowledge), and support each other's strength to create an unexpected piece of work.

**4) I: Integrity**

- Truthfulness: students must be honest, straightforward and do not lie neither to themselves nor others. Think thoroughly before speaking and always keep their promises.

- Morals & Ethics: students must always adhere to righteousness, transparency, fairness and straightforwardness. They must strictly adhere to their professional codes of conduct and never bend for the benefits of anyone.
- Management by fact: students must gather, analyze and examine facts when making decision and act according to the facts by avoiding making assumptions.

**5) D: Determination**

- Commitment & faith: students must love and have faith in their job. They must always be determined and dedicated to their assignments until completed in a timely manner without being pressed.
- Perseverance: students must have conscious effort and always be patient and diligent both physically and mentally. They must not quit or give up on their goals because of obstacles and difficulties.
- Achievement oriented & creating value: students must aim at the success of their assigned tasks regarding the quality and the standard of the tasks on a regular basis. They must always be careful and persistent in every step to enhance the value of their works.

**6) O: Originality**

- Courageous to be the best: students must be creative and initiative in order to achieve the work with high standard and beyond expectation even if it requires a harder and more careful process.
- Driving into the future: Students must have ambitious goals for their future. They must aim for the better and always adjust and improve themselves to achieve the goals.
- Novelty & innovation: students must have an innovative and creative mindset to create cutting-edge and groundbreaking research for the better work and society.

**7) L: Leadership**

- Calm & certain: students must be calm, firm and steady at heart both in normal and emergency circumstances. Do not be anxious or angry. Listen, gather information, and think carefully before acting.
- Influencing people: students must be able to use reasons and their verbal skill to persuade, convince and communicate with stakeholders. In addition, they must be good examples for others to agree and follow.

Attachment to the Announcement

Subject: Requirements for students to participate in students' extracurricular activities

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- Visioning: students must be able to make use of the situations and information from the past and at present to envision the future or to determine their preferred goals for the future in reasonable and challenging manners.

The activities included in these categories must be approved by an authority or the vice president who is in charge of student affairs; or the activities must be officially informed as an announcement by the responsible authority.